











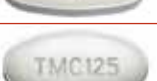








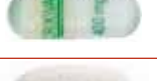






Drug names		Recommended adult dose *	Total daily pills
Nukes: nucleoside or nucleotide reverse transcriptase inhibitors (NRTIs)			
Dual nukes			
Truvada (tenofovir 300mg + FTC 200mg)		One tablet, once-daily.	1
Kivexa (abacavir 600mg + 3TC 300mg)		One tablet, once-daily.	1
Combivir (AZT 300mg + 3TC 150mg)		One tablet, twice-daily.	2
Single nukes			
3TC (EpiVir, lamivudine)		1 x 300mg or 2 x 150mg (150mg shown), (taken as a once-daily or twice-daily dose).	1 if 300mg 2 if 150mg
abacavir (Ziagen)		2 x 300mg tablets (taken as a once-daily or twice-daily dose).	2
FTC (Emtriva, emtricitabine)		1 x 200mg capsule, once-daily.	1
tenofovir DF (Viread)		1 x 300mg tablet, once-daily.	1
AZT (Retrovir, zidovudine)		1 x 250mg capsule, twice-daily.	2
ddl (Videx, didanosine)		1 cap, once-daily (125, 200, 250 or 400mg). Take on empty stomach, 2hrs before and after food.	1
Triple nukes			
Trizivir (AZT + 3TC + abacavir)		One tablet, twice-daily.	2
NNRTIs: non-nucleoside reverse transcriptase inhibitors (non-nukes)			
efavirenz (Sustiva)		1 x 600mg tablet, once-daily; at night, not with a high fat meal.	1
nevirapine (Viramune)		1 x 200mg tablet, twice-daily (2 tabs once-daily possible later).	2
etravirine (Intencele)		2 x 100mg tablets, twice daily, take with food.	4

*All doses need to be confirmed by your doctor and pharmacist as different doses and formulations are sometimes used. Some drugs are not recommended for first-line therapy.

Drug names		Recommended adult dose *	Total daily pills
Fixed dose NNRTI + dual nuke combination			
Atripla (efavirenz 600mg + FTC 200mg + tenofovir 300mg)		One tablet, once-daily - a switch option after viral suppression. Guidance as for separate drugs.	1
PIs: protease inhibitors			
lopinavir/r (Kaletra)		2 x 200/50mg tablets, twice-daily. Take with or without food.	4
fosamprenavir/r (Telzir)		1 x 700mg tablets + 100mg RTV, twice-daily. Take with or without food.	2 + 2 tabs ritonavir
saquinavir/r (Invirase)		2 x 500mg tabs + 100mg RTV, twice-daily. Take with food.	4 + 2 tabs ritonavir
atazanavir/r (Reyataz)		1 x 300mg capsule + 100mg RTV, once-daily, with food. 200mg caps also available.	1 + 1 tab ritonavir
darunavir/r (Prezista)		2 x 400mg + 100mg RTV once-daily (naive) or 1 x 600mg + 100mg RTV twice-daily (experienced).	2 + RTV depending on dose
tipranavir/r (Aptivus)		2 x 250mg caps + 200mg RTV, twice-daily. Take with food.	4 + 4 tabs ritonavir
nelfinavir (Viracept)		5 x 250mg tabs, twice-daily. Take with food.	10
indinavir/r (Crixivan)		2 x 400mg caps + 100mg RTV, twice-daily. Now rarely used.	4 + 2 tabs ritonavir
ritonavir (RTV) Meltrex ** (Norvir)		100mg tablets used at different doses to boost other PIs.	Depends on PI
EIs: entry inhibitors, including CCR5 inhibitors			
T-20 (Fuzeon, enfuvirtide)	 not actual size	90mg injection under the skin, twice-daily.	2 injections daily
maraviroc (Celsentri, Selzentry)		150mg or 300mg or 600mg twice daily depending on ARV combination.	2-4
INIs: integrase inhibitors			
raltegravir (Isentress)		1 x 400mg tablet, twice-daily. Take with or without food.	2

** Ritonavir Meltrex tablets replace the previous capsule formulation that required refrigeration. Thanks to www.aidsinfo.nih.gov for some images. Pictures approximate to actual size. www.i-Base.info