

Adherence diary

Use the table below to mark when you take each drug in the first few weeks of your combination. This will help you know if you have just taken a dose - or if you are late or miss a dose. Getting everything right from the start is important.

Date at start of week _____

	Drugs & times (morning)	Drugs & times (evening)
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

Date at start of week _____

	Drugs & times (morning)	Drugs & times (evening)
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		