




























Drug names		Recommended adult dose *	Total daily pills
Fixed dose combinations			
Atripla (efavirenz 600 mg + emtricitabine 200 mg + tenofovir DF 300 mg)		One tablet, once-daily. Take at night and not with a high fat meal. See info on separate drugs.	1
Eviplera (rilpivirine 25 mg + emtricitabine 200 mg + tenofovir DF 300 mg)		One tablet, once-daily, with food (400 kcal). See separate drug info.	1
Odefsey (rilpivirine 25 mg + emtricitabine 200 mg + TAF 25 mg)		One tablet, once-daily, take with food. See info on separate drugs.	1
Triumeq (dolutegravir 50 mg + abacavir 600 mg + lamivudine 300 mg)		One tablet, once-daily. Take with or without food. See info on separate drugs.	1
Genvoya (elvitegravir 150 mg + cobicistat 150 mg + emtricitabine 200 mg + TAF 10 mg)		One tablet, once-daily. Take with food. See info on separate drugs.	1
Stribild (elvitegravir 150 mg + cobicistat 150 mg + emtricitabine 200 mg + tenofovir DF 300 mg)		One tablet, once-daily, take with food. See info on separate drugs.	1
Nukes: nucleoside or nucleotide reverse transcriptase inhibitors (NRTIs)			
Dual nukes			
Truvada (tenofovir DF 300 mg + emtricitabine 200 mg)		One tablet, once-daily.	1
Descovy (TAF 10 mg OR 25 mg + emtricitabine 200 mg)		One tablet, once-daily.	1
Kivexa (abacavir 600 mg + lamivudine 300 mg)		One tablet, once-daily.	1
Single nukes			
lamivudine (3TC) ** (EpiVir [pictured] - or generic)		1 x 300 mg or 2 x 150 mg (150 mg shown), (taken as a once-daily or twice-daily dose).	1 if 300 mg 2 if 150 mg
abacavir (Ziagen)		2 x 300 mg tablets (taken as a once-daily or twice-daily dose).	2
emtricitabine (FTC) (Emtriva)		1 x 200 mg capsule, once-daily.	1
tenofovir DF* (Viread)		1 x 300 mg tablet, once-daily.	1

* Different doses and formulations might be used - always check the dose with your doctor and pharmacist.

** Generic versions of lamivudine, nevirapine, efavirenz and TDF may be a different colour and shape. Some drugs are not recommended for first-line therapy. Smaller pills are for children or if larger pills are difficult to swallow. Some syrups are available. Pictures approximate to actual size.

Drug names		Recommended adult dose *	Total daily pills
NNRTIs: non-nucleoside reverse transcriptase inhibitors (non-nukes)			
efavirenz ** (Sustiva) 600 mg or 200 mg		1 x 600 tablet (or 3 x 200 caps) once-daily; at night, not with high fat meal.	1 tablet (or 3 capsules)
nevirapine ** 200 / 400 mg	 200 mg  400 mg	1 x 200 mg twice-daily; or 2 x 200 mg once a day; or 1 x 400 mg once a day.	1 x 400 mg or 2 x 200 mg
etravirine (Intence))		1 x 200 mg tablet, twice daily, take with food. Dispersible in water.	2
rilpivirine (Edurant)		1 x 25 mg tablet, once-daily, take with main meal (500 kcal).	1
INIs: integrase inhibitors			
raltegravir (Isentress)		1 x 400 mg tablet, twice-daily. Take with or without food.	2
dolutegravir (Tivicay) *		1 x 50 mg tablet, once-daily (or 1 x 50 mg twice -daily). With food if twice-daily but with or without otherwise.	1 or 2
elvitegravir – only available in fixed dose combinations – see Stribild and Genvoya.			1
CCR5 inhibitors (entry inhibitor)			
maraviroc* (Celsentri)		150 mg or 300 mg or 600 mg, as directed, depending on other ARVs in the combination.	1 or 2 or 4
b/PI: boosted protease inhibitors			
atazanavir* (Reyataz)		1 x 300 mg cap + booster, once-daily. Take with food. 150 mg and 200 mg capsules also available.	1 (+ 1 booster)
darunavir* (Prezista)		1 x 800 mg + booster once-daily (or 1 x 600 mg + 100 mg booster twice-daily if resistance). Take with food.	1 or 2 (+ 1 or 2 boosters based on dose)
atazanavir/cobicistat (Evotaz)		1 tablet, once-daily. Take with food.	1
darunavir/cobicistat (Rezolsta)		1 tablet, once-daily. Take with food.	1
PK (pharmacokinetic) boosters			
cobicistat (c) (Tybost)		150 mg tablet, once daily. Used to boost atazanavir, darunavir and elvitegravir.	depends on boosted drug
ritonavir (r) * (Norvir)		100 mg tablets used at different doses to boost other PIs.	depends on PI