




















Drug names		Recommended adult dose *	Total daily pills
Fixed dose combinations			
0 5 10 15 20mm <i>Approximate to actual size.</i>			
Atripla (efavirenz + emtricitabine + tenofovir DF)		One tablet, once-daily. Take at night and not with a high fat meal. See info on separate drugs.	1
Biktarvy (bictegravir + TAF + emtricitabine)		One tablet, once-daily. Take with or without food. See info on separate drugs.	1
Eviplera (rilpivirine + emtricitabine + tenofovir DF)		One tablet, once-daily, with food (400 kcal). See separate drug info.	1
Odefsey (rilpivirine + emtricitabine + TAF)		One tablet, once-daily, take with food. See info on separate drugs.	1
Triumeq (dolutegravir + abacavir + lamivudine)		One tablet, once-daily. Take with or without food. See info on separate drugs.	1
Genvoya (elvitegravir + cobicistat + emtricitabine + TAF)		One tablet, once-daily. Take with food. See info on separate drugs.	1
Stribild (elvitegravir + cobicistat + emtricitabine + tenofovir DF)		One tablet, once-daily, take with food. See info on separate drugs.	1
Symtuza (darunavir + cobicistat + emtricitabine + TAF)		One tablet, once-daily, take with food. See info on separate drugs.	1
Delstrigo (doravirine + lamivudine + tenofovir DF)		One tablet, once-daily, with or without food. See info on each drug.	1
Dovato (dolutegravir + lamivudine)		One tablet, once-daily, with or without food. See info on each drug.	1
Juluca (dolutegravir + rilpivirine)		One tablet, once-daily, take with food. See info on separate drugs.	1


Dual nukes: nucleoside or nucleotide reverse transcriptase inhibitors (NRTIs)			
tenofovir DF 300 mg + emtricitabine 200 mg (Truvada [pictured] or generic) **		One tablet, once-daily.	1
TAF (10 mg white or 25 mg blue) + emtricitabine (200 mg), Descovy		One tablet, once-daily.	1
abacavir 600 mg + lamivudine 300 mg (Kivexa or generic) **		One tablet, once-daily.	1
Single nukes (NRTIs)			
Single nukes are only used in a few situations. See back page of this leaflet for single versions of tenofovir DF, emtricitabine, abacavir and lamivudine.			


* Different doses or formulations might be used - always check doses with your pharmacist.


** Generic versions might be a different colour and shape. § EU approval pending.

NNRTIs: non-nucleoside reverse transcriptase inhibitors (non-nukes)			
efavirenz 600 mg or 200 mg (Sustiva, [pictured] or generic) **		1 x 600 tablet (or 3 x 200 caps) once-daily; at night, not with high fat meal.	1 tablet (or 3 capsules)
nevirapine PR 400 mg (Viramune [pictured] or generic) **		1 x 400 mg once a day. Take with or without food.	1 x 400 mg
etravirine (100 mg or 200 mg) (Intelence)		2 x 100 mg OR 1 x 200 mg, twice daily, take with food. Dispersible in water.	2 or 4
rilpivirine (Edurant)		1 x 25 mg tablet, once-daily, take with main meal (500 kcal).	1
doravirine (Pifeltro)		1 x 100 mg tablet, once-daily, take with or without food.	1

INIs or INSTIs: integrase inhibitors			
raltegravir 400 mg (pink) & 600 mg (yellow) (Isentress)		1 x 400 mg, twice-daily OR 2 x 600 mg tablet, once-daily. Take with or without food.	2
dolutegravir (Tivicay) *		1 x 50 mg tablet, once-daily (or 1 x 50 mg twice -daily). With food if twice-daily but with or without otherwise.	1 or 2
elvitegravir and bictegravir are only in combination pills – see Stribild, Genvoya and Biktarvy.			1

CCR5 inhibitors (entry inhibitor)			
maraviroc * (Celsentri)		150 mg or 300 mg or 600 mg, as directed, depending on other ARVs in the combination.	1 or 2 or 4





b/PI: boosted protease inhibitors			
atazanavir * (Reyataz)		1 x 300 mg cap + booster, once-daily. Take with food. 150 mg and 200 mg capsules also available.	1 (+ 1 booster)
darunavir 600 mg (orange) & 800 mg (red), (Prezista) *		1 x 800 mg + booster once-daily (OR 1 x 600 mg + 100 mg booster twice-daily with resistance). Take with food.	1 or 2 (+ 1 or 2 boosters)
atazanavir/cobicistat (Evotaz)		1 tablet, once-daily. Take with food.	1
darunavir/cobicistat (Rezolsta)		1 tablet, once-daily. Take with food.	1


PK (pharmacokinetic) boosters			
cobicistat (c) (Tybost)		150 mg tablet, once daily. Used to boost atazanavir, darunavir and elvitegravir.	depends on boosted drug
ritonavir (r) * (Norvir)		100 mg tablets used at different doses to boost other PIs.	depends on PI

ARV chart

2019/20

October 2019

Drug names		Recommended adult dose *	Total daily pills
Single nukes (NRTIs)			
lamivudine (3TC) ** (EpiVir [pictured] or generic)		1 x 300 mg (shown) or 2 x 150 mg, (taken as a once-daily or twice-daily dose).	1 if 300 mg 2 if 150 mg
abacavir ** (Ziagen [pictured] or generic)		2 x 300 mg tablets (taken as a once-daily or twice-daily dose).	2
emtricitabine (FTC) (Emtriva)		1 x 200 mg capsule, once-daily.	1
tenofovir DF * ** (Viread [pictured] or generic)		1 x 300 mg tablet, once-daily.	1

bNAbs (broadly neutralising monoclonal antibody) - an immune-based treatment			
ibalizumab § (Trogarzo)	 not to scale	150 mg/mL given as single IV infusion every two weeks.	none

Notes to drug chart

Some drugs are not recommended for first-line therapy.

Paediatric formulations can sometimes be used in adults if larger pills are difficult to swallow. Sometimes granules or liquids are available.

Pictures approximate to actual size.

Drugs that are used less frequently

Many older HIV drugs are now rarely used.

Information about these older drugs is available online.

<http://i-base.info/guides/category/arvs>

Please call i-Base if you would like information about other drugs printed and posted to you.

These include zidovudine (AZT), stavudine (d4T), zidovudine with lamivudine, Trizivir, lopinavir/r, fosamprenavir, tipranavir and efavirtide (T-20).

Future drugs and combinations

If new drugs are approved during 2020, details will be posted online.

<http://i-base.info/guides/category/arvs>

After drugs are approved in Europe it usually takes the NHS from 6 to 12 months to decide on UK access.

