Side Effects Diary

Side effects diary:

Use this page to record any changes in your health that could be related to side effects as this will help you describe them to your doctor. Some of the most common side effects are listed below but include others even if they are not listed here.

1	Tingling in hands or feet	6	Dry skin	11	Body shape changes	16	Disturbed sleep / vivid dreams
2	Pain in hands or feet	7	Rash	12	Weight gain	17	Sexual problems
3	Nausea/vomiting	8	Diarrhoea	13	Weight loss	18	Feeling anxious/nervous
4	Headache	9	Stomach pains	14	Changes in taste or appetite	19	Visual changes
5	Feeling tired	10	Hair loss	15	Injection reactions (T-20)	20	Other(s) specify

Side effect symptoms	Day	Time(s)	Scale: 1= very mild, 10 = very bad				
			1	2	3	4	5
			1	2	3	4	5
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			1	2	3	4	5
			1	2	3	4	5
			1	2	3	4	5

Other comments & questions to ask your doctor: