

4 Side effects of ARVs

Questions

1. What are side effects?
2. Are side effects different in men and women?
3. Is it possible to stop or change your treatment because of side effects? If so, why would you do this?
4. How are side effects graded?
5. What is the difference between lipodystrophy and lipoatrophy?
6. What is peripheral neuropathy?
7. Which ARVs are most commonly associated with peripheral neuropathy?
8. Which ARV is most commonly associated with anaemia?
9. Which ARVs are most commonly associated with liver toxicity?
10. Name 2 symptoms of liver toxicity.
11. Which ARVs are most commonly associated with serious rash?
12. How is a severe rash defined?
13. Give an example of a grade 2 side effect and a grade 4 side effect.
14. When is the risk of lactic acidosis higher?
15. Which ARV is associated with mood changes, nervousness and strange dreams?