

# U=U\*

**UNDETECTABLE  
viral load means HIV IS  
UNTRANSMITTABLE**

**[www.i-Base.info/u-equals-u](http://www.i-Base.info/u-equals-u)**



Michelle Ross,  
cliniQ



Angelina Namiba,  
Salamander Trust

**“A person with sustained undetectable levels of HIV in their blood cannot transmit HIV to their sexual partners.”**



Simon Collins,  
HIV i-Base



Chloe Orkin,  
Chair, British HIV Association  
(BHIVA)

**\* Undetectable = Untransmittable**

Poster produced by HIV i-Base for Kobler@CWH (July 2018)