

Drug names		Recommended adult dose *	Total daily pills
Fixed dose combinations <span style="float: right;">0 5 10 15 20mm <i>Approximate to actual size.</i></span>			
Atripla (efavirenz + emtricitabine + tenofovir DF)		One tablet, once-daily. Take at night and not with a high fat meal. See info on separate drugs.	1
Biktarvy (bictegravir + TAF + emtricitabine)		One tablet, once-daily. Take with or without food. See info on separate drugs.	1
Eviplera (rilpivirine + emtricitabine + tenofovir DF)		One tablet, once-daily, with food (400 kcal). See separate drug info.	1
Odefsey (rilpivirine + emtricitabine + TAF)		One tablet, once-daily, take with food. See info on separate drugs.	1
Triumeq (dolutegravir + abacavir + lamivudine)		One tablet, once-daily. Take with or without food. See info on separate drugs.	1
Genvoya (elvitegravir + cobicistat + emtricitabine + TAF)		One tablet, once-daily. Take with food. See info on separate drugs.	1
Stribild (elvitegravir + cobicistat + emtricitabine + tenofovir DF)		One tablet, once-daily, take with food. See info on separate drugs.	1
Symtuza (darunavir + cobicistat + emtricitabine + TAF)		One tablet, once-daily, take with food. See info on separate drugs.	1
Delstrigo (doravirine + lamivudine + tenofovir DF)		One tablet, once-daily, with or without food. See info on each drug.	1
Dovato (dolutegravir + lamivudine)		One tablet, once-daily, with or without food. See info on each drug.	1
Juluca (dolutegravir + rilpivirine)		One tablet, once-daily, take with food. See info on separate drugs.	1

Dual nukes: nucleoside or nucleotide reverse transcriptase inhibitors (NRTIs)			
tenofovir DF 300 mg + emtricitabine 200 mg (Truvada [pictured] or generic) **		One tablet, once-daily.	1
TAF (10 mg white or 25 mg blue) + emtricitabine (200 mg), Descovy		One tablet, once-daily.	1
abacavir 600 mg + lamivudine 300 mg (Kivexa or generic) **		One tablet, once-daily.	1
Injectable ART (cabotegravir/rilpivirine long-acting injections (CAB/RPV-LA) and single nukes			
See back page for info on injectable ART. Also for single nukes (which are rarely used).			

\* Different doses or formulations might be used - always check doses with your pharmacist.

\*\* Generic versions might be a different colour and shape. § EU approval pending.



NNRTIs: non-nucleoside reverse transcriptase inhibitors (non-nukes)			
efavirenz 600 mg or 200 mg (Sustiva, [pictured] or generic) **		1 x 600 tablet (or 3 x 200 caps) once-daily; at night, not with high fat meal.	1 tablet (or 3 capsules)
nevirapine PR 400 mg (Viramune [pictured] or generic) **		1 x 400 mg once a day. Take with or without food.	1 x 400 mg
etravirine (100 mg or 200 mg) (Intence)		2 x 100 mg OR 1 x 200 mg, twice daily, take with food. Dispersible in water.	2 or 4
rilpivirine (Edurant)		1 x 25 mg tablet, once-daily, take with main meal (500 kcal).	1
doravirine (Pifeltro)		1 x 100 mg tablet, once-daily, take with or without food.	1


INIs or INSTIs: integrase inhibitors			
raltegravir 400 mg (pink) & 600 mg (yellow) (Isentress)		1 x 400 mg, twice-daily OR 2 x 600 mg tablet, once-daily. Take with or without food.	2
dolutegravir (Tivicay) *		1 x 50 mg tablet, once-daily (or 1 x 50 mg twice-daily). With food if twice-daily but with or without otherwise.	1 or 2
elvitegravir and bictegravir are only in combination pills – see Stribild, Genvoya and Biktarvy.			1





Injectable long-acting cabotegravir-LA (Vocabria) and rilpivirine - LA (Rekambys)			
Cabotegravir + rilpivirine-LA. (Vocabria + Rekambys)		not to scale	Two injections into muscle (in the buttocks) every two months. Oral pills might be used for the first month.
			none

b/PI: boosted protease inhibitors			
atazanavir * (Reyataz)		1 x 300 mg cap + booster, once-daily. Take with food. 150 mg and 200 mg capsules also available.	1 (+ 1 booster)
darunavir 600 mg (orange) & 800 mg (red), (Prezista) * **		1 x 800 mg + booster once-daily (OR 1 x 600 mg + 100 mg booster twice-daily with resistance). Take with food.	1 or 2 (+ 1 or 2 boosters)
atazanavir/cobicistat (Evotaz)		1 tablet, once-daily. Take with food.	1
darunavir/cobicistat (Rezolsta)		1 tablet, once-daily. Take with food.	1

PK (pharmacokinetic) boosters			
cobicistat (c) (Tybost)		150 mg tablet, once daily. Used to boost atazanavir, darunavir and elvitegravir.	depends on boosted drug
ritonavir (r) * ** (Norvir)		100 mg tablets used at different doses to boost other PIs.	depends on PI

Drug names		Recommended adult dose *	Total daily pills
<b>Entry inhibitors</b>			
maraviroc * (Celsentri)		150 mg or 300 mg or 600 mg, as directed, depending on other ARVs in the combination.	1 or 2 or 4
fostemsavir (Rukobia)		600 mg tablet, twice-daily.	2

<b>bNAbs (broadly neutralising monoclonal antibody) - an immune-based treatment</b>			
ibalizumab (Trogarzo)	 not to scale	150 mg/mL given as single IV infusion every two weeks.	will depend on other meds being used

<b>Single nukes (NRTIs)</b>			
lamivudine (3TC) ** (Epivir [pictured] or generic)		1 x 300 mg (shown) or 2 x 150 mg, (taken as a once-daily or twice-daily dose).	1 if 300 mg 2 if 150 mg
abacavir ** (Ziagen [pictured] or generic)		2 x 300 mg tablets (taken as a once-daily or twice-daily dose).	2
emtricitabine (FTC) (Emtriva)		1 x 200 mg capsule, once-daily.	1
tenofovir DF * ** (Viread [pictured] or generic)		1 x 300 mg tablet, once-daily.	1

### Notes

Paediatric formulations can sometimes be used in adults if larger pills are difficult to swallow. Sometimes granules or liquids are available.

Pictures approximate to actual size.

### Drugs that are used less frequently

Info is available online on older HIV drugs that are now rarely used.  
<http://i-base.info/guides/category/arvs>

These include zidovudine (AZT), stavudine (d4T), zidovudine with lamivudine, Trizivir, lopinavir/r, fosamprenavir, tipranavir and efavirtide (T-20).

### Future drugs and combinations

If new drugs are approved during 2022/3, details will be posted online.

<http://i-base.info/guides/category/arvs>

After drugs are approved it usually takes the NHS 12 months to decide on UK access.

# ARV chart

## 2022/23

June 2022

